



SIEBENQUELL

For the love of life

For where your treasure is, there will your
heart be also (Mt 6, 21)



SOURCE: TOBIAS HÖLTERHOF

when in the morning

I open the window

wide, very wide

I hear the noise of the world

questions come

fears come

worries awaken

report for the roll call for this day

I breathe in and breathe out

direct myself skywards

towards the sun of justice

hope, faith,

grace and mercy

stand firm, from the ground up

welcome me lovingly

challenge me: UP

on this day, in this time

indicate turning points

so I want to go this day

breathing fresh air

I hear the birds singing

may it be good for this day

Sylvia Ditt

Koblenz, March 31st, 2022