



SIEBENQUELL

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# The rebellion of love

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In search of happiness,  
I sought ease  
and gave in far too much  
to the temptations of the »world«.

My soul paled,  
became lame, lethargic and numb in the One-size-fits-all.  
The »world« found its way into  
into my primordial rooms,  
ensnared my head and heart.

Who was expanding within me?  
Was I ready to lose myself,  
to give my thoughts and feelings into other hands?

My heart, my mind;  
did I no longer want to think, to feel no more,  
for fear of going mad?

But I took heart,  
wrote my soul free,  
»my personal rebellion«  
against cynicism, apathy and resignation!

I have no intention of changing the »world«,  
but from now on I want to make sure  
that it doesn't change me.

That would be bliss,  
because I love life.

**Sylvia Ditt**  
*Koblenz, July 4th, 2024*