



SIEBENQUELL

---

# A Creation Account Against Exhaustion

---



seven days  
one feast  
fourteen people

That was my experience of a group that has been gathering for one week since 20 years. Sharing life for one week, communally: dwelling, cooking, eating, drinking, wandering, laughing, crying, speaking and keeping silence, and in all this we were sojourning together seeking and finding God.

Together we listened to the stories of God, in ourselves, in the other, in the society, in all of creation and in the Sacred Scripture.

The most wonderful, most stirring and greatest gift to one another and divine grace is:

HOW – we sojourned with one another.

HOW – fourteen people, for seven days, for a feast, attune themselves to one another

---

Thanks be to God and thanks be to Wilhelm Bruners,  
for this is how I experienced it and would keep it gratefully within my heart:

god psalm

I heard three people speak of god  
when the first no longer knew how to continue  
the second jumped in and complemented the first  
when the second has ended his words  
the third person kept silence  
because keeping silence before God  
was just as important to them  
as speaking

I heard three people speak of God  
and keeping silence and singing  
and their songs were lovely  
and full of yearning  
for God was within them

I heard three people speak of God  
and each had a different instrument  
and each had a different text  
but they listened to each other  
and no one wanted  
to overrule the other and no one claimed  
to possess God  
and so they shared  
silently and playfully  
their search for God

*Wilhelm Bruners*

**Sylvia Ditt**

*Vallendar,, March 12th, 2020*