



SIEBENQUELL

Honour Your Story



QUELLENANGABE: WWW.UNSPLASH.COM

Lay open what and who we truly are – our request during this Holy Springtime!

For we are the stories of God. Therefore, we should and may take the adventure of our life seriously. To take our story seriously means, that we put it into words. »To be a person is to have a story to tell.« *

Painful experiences belong to our story. When we tell them, we share this pain and give the hearer the possibility to take part. To lay our face open also means taking our experiences seriously; tears, wounds, and suffering are part of this. Every experience demonstrates: »Any sorrow can be borne if a story can be told about it.« *

Joy belongs to our story, that which delights. When we tell it, we prolong this joy, indeed, we rejoice, anew with each telling. This is especially important when we walk a difficult path and need breathe for the long march. I knew a married couple who went through a long period of post-cancer care. Each time the control gave them a reason to rejoice, they went together to a restaurant and enjoyed, delighted and grateful, a good meal with one another. Thus, they celebrated their joy and when their daughter told me about it, I rejoiced with them.

Varied experiences belong to our story. We tell them to each other and pass them on so that we do not forget them, so that they will also not be forgotten in the future. We all live from the »recall!«, »remember!« of earlier generations. In the short term or in the long run, historical forgetfulness becomes dangerous.

In the Wellspring Days of this year, we are dealing with the need for deep breathe when life requires the adventurous from us in its fullest spectrum. Our story is always embedded in and part of the greater story of God with his people. If we do not cherish and honour them, but instead lock them away, eliminate them or pass over them with what »people« consider to be important, an entire cosmos us under threat of being lost. We are in danger of becoming people who, at least externally, appear to function perfectly over great stretches. Yet, our eyes grow empty, our mouth simply blabber on and we are in danger of losing ourselves.

God loves our story and takes it seriously. We should do the same – without beautifying it, without leaving episodes out.

Is it not life-enhancing to have a part in the experiences, pains and joys of the others and thus travel as companions with one another through life?

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